

(AIS) AL-ANON

NEWSLETTER

September 2015

<http://www.okcalanon.org>

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**You are invited to attend
the OKC Area AIS Office Fundraiser**

**EAT
'N
SPEAK**

- ★ **WHEN:** November 7, 2015
- ★ **WHERE:** St. Stephen's Church on NW 50th & Villa
- ★ **TIMES:** Eat: 1pm Speak: 2pm
- ★ **HOSTS:** A-1 Study Group Thursday Night/El Reno AFG
- ★ **CO-HOST:** TBD
- ★ **SPEAKERS:** Darren and Sherry R.

Please bring a COVERED DISH or \$5.00 donation

All proceeds go to the AIS Office

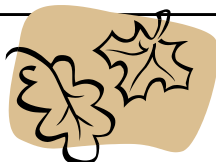


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2015 IMPORTANT DATES

- October 9-11 Fall Serenity Conference -Western Hills*
- November 7 Eat 'N Speak - OKC*
- 26-27 Office Closed—Holiday*
- December 3 AIS Board of Trustees Meeting—6 PM*
- 3 AIS Membership Meeting—7 PM*
- 5 Area World Service Committee*
- 6 Area Assembly*
- 25 Office Closed—Holiday*
- January 1 Office Closed—Holiday*



AI BOARD UPDATES

The Board of Trustees of the AIS office appreciates the faithful service of the Board of Trustee members for their faithful service to the AIS.

A special thanks goes to Pam J. for her strong commitment and service this past year as AIS Board of Trustees Vice Chair. Pam J. recently resigned her position on the Board. We will miss Pam; however, we know that her influence in AI-Anon will remain strong at the local level. Thanks, Pam. Hats off to you!!!

The AIS Board unanimously voted to fill the Vice Chair position at the September AIS Board meeting with nominee Lea S., who graciously accepted the position. Presently, the Board is looking to fill the only remaining vacant position of Member At Large.

Please, continue to support the AIS Office with your suggestions and material purchases. Help us serve you better.

Find Joy in Serving!


AIS BOARD OF TRUSTEES


Sitting Board Members: 

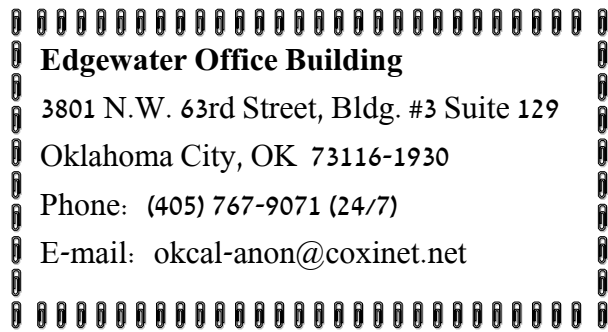
	1. Faun F. Website	Expires 2016	
	2. Judy W. Liaison	Expires 2016	

New Board Members:

	1. Mary B. Chair	Expires 2017	
	2. Lea S. Vice Chair	Expires 2017	
	3. Joy B. Secretary	Expires 2017	
	4. Anita E. Newsletter	Expires 2017	
	5. Penny A. Member At Large	Expires 2017	
	6. Carole G. Member At Large	Expires 2017	
	7. Vacant Member At Large		



AIS OFFICE LOCATION


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 3801 N.W. 63rd Street, Bldg. #3 Suite 129
 Oklahoma City, OK 73116-1930
 Phone: (405) 767-9071 (24/7)
 E-mail: okcal-anon@coxinet.net

By-Laws Amendment

On September 10, 2015, at the AIS Board of Trustees Meeting, new business included a proposal to change language from Office Secretary to Office Manager throughout the document. The purpose of the proposed change is to provide clarification between AIS Board Secretary and Office Secretary titles. A motion was made, seconded, and passed unanimously.

EDITOR'S INK

We learn through working our program to TAKE encouragement, instruction, nurturing, and even correction if the shoe fits. When we reach Step 12, or sooner, we are called to service; this we know. There are so many ways to serve; some are more fun than others.

Here's a fun and easy way to serve — A-1 Study Group Thursday Night approached the El Reno group, Annette to Faun, to see if we (my Club) would like to co-host June's Eat 'N Speak. What???

None of us had served AI-Anon in this capacity, at least not in a very long time; we were skeptical. Who knew the first thing about hosting an event like this? It was difficult to know how to rally the team at a Group Conscience session. Annette gently led us by the hand through her example of service. What a unified effort! We jumped on board and had a blast networking together. We treasure our friendship with A-1! Now, we share a special bond through the Eat 'N Speak. This was service at a fun level! Try it! You'll like it!!!

If you want a step-by-step copy of the your responsibilities as a Host/Co-Host, please contact John P. at the AIS office or send me an email request. Happy serving! Anita E.

\$\$ FINANCIAL REPORT \$\$

The 3rd Quarter Treasurer’s report (June—August 2015) shows continued improvement in the financial stability of the AIS. All federal tax deposits were made on time. Oklahoma State Sales Tax reports were also submitted on time. The Petty Cash Account and Cash Box have been reconciled, and Petty Cash has been closed. Literature sales increased and there was a slight decrease in contributions for the same time period last year. Our bank balance has increased by \$191.18 over this time last year.

Frank M. resigned as the AIS Treasurer last quarter, and Emily C. was hired at the September AIS Board Meeting to assume the Treasurer’s responsibilities. The Board thanks John P. for providing the Treasurer’s report at the September Board meeting during the interim period. Welcome aboard, Emily!

WEBSITE NEWS

The third quarter report (June—August 2015) shows a monthly average of:

- ⇒ 2,282 visitors
- ⇒ 1,493 unique visitors
- ⇒ 4,113 number of pages viewed

There were 30 email newsletter subscribers for a total of 574 total subscribers from the website form. It’s great to see so much interest generated from the AIS website.

LITERATURE REPORT

Our literature sales have increased. The total amount sold for this quarter last year was \$6,351.85. In 2015, literature sales are reported at \$7,055.74 with profits rising. This is reflected in actual invoiced amounts for each sale.

Literature sales are one of the ways we support office operations. Thank you in advance for purchasing literature from our office.

PUBLIC OUTREACH

Karla R. (Chance to Change Foundation) and Maryo S. (Valley Hope, Cushing) were sent meeting schedules each month.

AIS OFFICE REPORT

John says, “Business is booming!!” Our new office hours and increased outgoing email communications have made a distinct impact improving office traffic and incoming contacts during this quarter. There were 534 phone calls, 420 emails, and 141 visits to the office this quarter for a total of 954 contacts! We have also seen an increase in 12th Step calls.

Thank you, telephone hotline volunteers: Rose, Randy, Jeanette, Charles, Myrtle, Deanie, Emily, and Bryan who are available when the office is closed. Emily and Frank covered the office for a few days in John’s absence.

John is making great strides in updating our services with new postage scales, shipping rates, software, and other updates. We are blessed to have you as our Office Manager, John (nice title upgrade!).

EAT ‘N SPEAK



<p>The August 1 Eat ‘N Speak was amazing! Thank you, Alateen Desi, for sharing your story of courage, and how you have implemented the principles of Alateen in your life.</p> <p>We appreciate the host group, NW 23rd and Council, and co-host groups A-1 Study Group Thursday Night and El Reno AFG for making this a such a special event!</p> <p>Most of all, we appreciate each of you who attended and hope you enjoyed this great opportunity for body, soul, and spirit food! What a great time of fellowship!!!</p> <p>The next Eat-n-Speak will be held on November 7, 2015, jointly hosted by the A-1 Study Group Thursday Night and El Reno AFG. Guest speakers are Darren and Sherry R.</p> <p>A co-host group is still needed for this event. Please volunteer.</p>

3RD QUARTER CONTRIBUTIONS AND LITERATURE FROM GROUPS

	AIS Contribution	Literature	Total
1. 23rd and Council	160.00	00	160.00
2. A-1 Study Group	1.87	1,043.75	1,045.62
3. A New Beginning (Oakcrest Church of Christ)	50.00	206.05	256.05
4. A New Day	32.25	0	32.25
5. AIS Office (Mail in Donation)	61.75	0	0
6. AIS Office (Walk in Customers)	0.35	2,404.37	2,404.72
7. Ardmore Grand AFG	20.00	144.00	164.00
8. Bethany Homeplace AFG	0	12.20	12.20
9. Choctaw Into Action	40.00	65.00	105.00
10. Courage To Change	78.63	1.80	80.43
11. Courage To Change AFG	70.00	0	70.00
12. District 13	0	50.35	50.35
13. District 17	100.00	0	100.00
14. Duncan AFG	100.00	0	100.00
15. Eat 'N Speak	662.85	274.62	937.47
16. El Reno Al-Anon	23.43	201.00	224.43
17. Eleventh Hour AFG	111.00	0	111.00
18. First Things First 7 A.M. Tuesday & Thursday	216.00	19.90	235.90
19. Free To Be Thursday 5: 30 PM	0	227.00	227.00
20. Friday Night Woodward	0	14.00	14.00
21. Friday Noon May Club	341.79	240.48	582.27
22. Friday Noon Men's AFG	200.00	181.86	381.86
23. Guthrie Serenity Seekers	0	168.00	168.00
24. Hefner Parkway AFG-OKC	60.00	164.58	224.58
25. Just For Today AFG	0	28.00	28.00
26. Just Like Lois	0	7.00	7.00
27. Key To Harmony	25.00	0	25.00
28. Keys To Serenity	46.30	0	46.30
29. Midwest City AFG	71.00	48.00	119.00
30. Monday Morning AFG	0	34.800	34.80
31. Monday Morning Freedom	105.00	39.59	144.59
32. Monday Noon St. Paul's	50.00	018.00	68.00
33. Mustang Al-Anon	30.00	81.50.00	111.50
34. New Beginnings- Roundtable	0	112.05	112.05
35. New Beginnings Norman	120.00	201.00	321.00
36. New Hope Al-Anon—Norman	0	182.00	182.00
37. New Life-Newcastle	20.00	69.50	89.50
38. No Expectations	167.53	50.95	218.48
39. Noal Al-Anon	0	209.00	209.00
40. Norman Original AFG	0	70.00	70.00
41. Northwest Monday Morning	50.00	78.80	128.80
42. One Day At A Time-Western Club	50.00	0	50.00

Continued on Page 5

2ND QUARTER CONTRIBUTIONS AND LITERATURE FROM GROUPS
(CONTINUED)

	AIS Contribution	Literature	Total
45. Public Outreach West	0	52.55	52.55
46. Reaching Out	25.00	0	25.00
47. Saturday Morning Lake Road	0	100.00	100.00
48. Saturday Serenity	25.00	124.80	149.80
49. Serenity At Noon-Norman	30.00	117.76	147.76
50. Serenity On The Couch	0	285.07	285.07
51. Springlake AFG	55.00	114.00	169.00
52. Start Fresh	0	21.00	21.00
53. Step 11 Open AFG	52.60	7.00	59.60
54. Sunshine AFG	107.00	32.40	139.40
55. Tecumseh-New Hope	15.00	0	15.00
56. Tradition for Today	39.00	0	39.00
57. Tuesday 5:30 Men's	100.00	36.80	136.80
58. Tuesday/Thursday Noon May Club	150.84	100.60	251.44
59. Way Out AFG	20.00	33.49	53.49
60. Wednesday Morning Women's Literature AFG	448.66	0	448.66
61. Wednesday Unity	0	65.00	65.00
62. Wednesday Wisdom	0	77.00	77.00
63. Yukon YANA AFG	10.00	8.69	18.69
TOTALS:	\$4,142.85	\$7,925.31	\$12,068.16

Thank you for your generosity!

MEETING CHANGES

Edmond Clubhouse: Monday Meeting at 7:40 has been removed from the schedule; Thursday Meeting at 6:45PM is now Open and used for Step Study meetings as follows—1st week Step/Concept; 2nd week Step/Tradition; and 5th week (if applicable) Chairman's Choice Speaker or Topic. Sunday Night Al-Anon Adult Children of Alcoholics will no longer have a designated speaker on the last Sunday of the month.

Duncan AFG: The meeting has been moved to the Good Shepherd Lutheran Church at 2401 Country Club Road. Meetings are held on Monday and Wednesday evenings at 7:00PM

Altus: HOW AFG Meeting on Tuesday has changed to 6:30PM. The Saturday meeting at 10:00 has been removed.

Cushing: Courage to Change AFG has moved their meeting to the Chamber of Commerce, 1301 E. Main Street in Cushing and it's still on Tuesday at 6:00PM.