

(AIS) Al-Anon Newsletter

September 2014

<http://www.okcalanon.org>

Editor: Karla K., kjkillin@hotmail.com



Newsletter Editor



AIS Board of Trustees

The AIS Board of Trustees' responsibility is to make sure the AIS Office is running smoothly.

We still need one more person to step up to serve on the Board. Please pray about it and let one of the Board members know if you are willing to serve. Also, remember that March 2015, four of our Board members will rotate off.

The funds to the AIS Office is still a topic of conversation. I want to thank all of you for stepping up and contributing to the AIS Office. The Board hates to keep talking about funds for the AIS Office, but since there are no fundraisers except for the Eat-n-Speak, we have to go out to the members and ask you to keep contributing to the office. We are getting by month to month.

Our Eat-n-Speak is our only fundraiser. The Board decided to call for items to raffle, this would be in addition to the what the co host group would do. It could be dropped off at the AIS Office or the co host group or even brought to the Eat-n-Speak.

We are thinking about another dinner every quarter. Maybe just come together and bring a dish to share. Have a speaker and pass the basket. We would like to know if you would support that. As a group you could do something in your area or invite everyone.

It is prudent for any business or in your personal life to have at least 6 months (preferable one year of cash reserve). Personally you know this because you could lose a job. A business needs this to be consider solvent. If you don't have it, you could go out of business. The AIS Office is the business office in our area.

Your group needs a GR (Group Representative) so you can stay informed about what is going on in Al-Anon. If you don't have one encourage someone in your group to volunteer. It's not hard.

All GR's need to turn their name into the AIS Office, so Richard P. can turn them into the World Service Office.

The sitting Board consist of:

1. Dusty W. Chairperson Expires 2015
2. Kelly S. Secretary Expires 2015
3. Karla K. Newsletter Expires 2015
4. Charlie B. Member at Large Expires 2015

The new Board members are:

1. Marcia W. Website Expires 2016
2. Judy W. Liaison Expires 2016
3. Pam J. Literature Expires 2016
4. Mary B. Member at Large Expires 2016
5. WE STILL NEED ONE PERSON

Calendar of Events 2014

October 31st through November 2nd - Fall Serenity Celebration.

November 8th, 1:00-3:00 P.M. - Eat-n-Speak at St. Stephens, 50th & Villa. **THE DATE WAS CHANGED FROM NOVEMBER 2ND TO THE 8TH BECAUSE OF THE CONFERENCE!**

November 28th, - AIS Office Closed.

December 4th, 6:00 P.M. AIS Board of Trustees, **7:00 P.M.** Membership Meeting at St. Stephens, 50th & Villa.

December 6th, 6:00 P.M. - Area World Service Committee.

December 7th, 8:30 A.M. - Area Assembly at OSU-OKC Extension.

December 25th, - Merry Christmas.

January 1st, - Happy New Year.

2014 Fall Serenity Celebration

By now all groups should have their flyers for the Al-Anon 42nd Annual Fall Serenity Celebration. It is October 31, November 1st & 2nd at Lake Murray State Park.

There is going to be some changes in the activities planned. Also, they are having trouble with refrigeration. If you are bringing something that needs refrigeration please consider bringing your ice chest.

It is always a lot of fun. We hope to see a lot of people there. Besides the fellowship it is like a booster shot of Al-Anon.

2014 Alateen Conference

The Alateen conference was July 18, 19 and 20, 2014. It was at Camp Sooner. A great time was had by all.

Get certified and consider sponsoring an Alateen. Sponsors need to have AMIAS training.

Sponsorship

Being a good sponsor is part of the Al-Anon program. It not only helps the new people you will find out it helps you. "Sponsorship is a mutual and confidential sharing between two Al-Anon or Alateen member. A Sponsor is someone with whom a member can discuss personal problems or questions; someone who willingly shares the experience, strength and hope of Al-Anon/Alateen program."

New Al-Anon members will want to find a sponsor to help them work the program. The new member will also want to find a person they can identify with. Sponsors do not direct or give advice. Sponsors are not to be used as a substitute for a meeting. This is from pp 46 of the 2010-2013 Al-Anon and Alateen Service manual.

For more information you can refer to Sponsorship books and pamphlets.

Service Sponsors

"Service sponsorship is a special relationship where one member shares their service experience with another member. This type of sponsorship can be a one-time situation, such as an outgoing trusted servant supporting their replacement or an ongoing relationship. Service sponsorship helps both the service sponsor and the sponsee acquire new skills while being an example of personal growth through service. Al-Anon Family Groups worldwide benefit when members are enthusiastic about service." this is from pp 47 of the 2010-2013 Al-Anon and Alateen Service manual.

They talked a lot about service sponsors at the Area Assembly. This could help newcomers feel better about service and this is part of our

Alateen Group Sponsors

This Sponsor is an Al-Anon member who is currently certified by their Area process. As an Al-Anon member involved in Alateen Service (AMIAS) they have made a commitment to be of service to an Alateen meeting on a regular basis. This is from pp 47 of the 2010-2013 Al-Anon and Alateen Service manual.

Alateen Personal Sponsors

Alateen members sponsor each other just as Al-Anon members sponsor each other. Alateen personal sponsors are fellow teenager. Personal sponsors share experience, strength and hope. This is from pp 47 of the 2010-2013 Al-Anon and Alateen Service manual.

"...Very personal details...are better left to a sponsor who can lend a consistent ear and keep a confidence—someone who knows all about you and accepts you as you are."

Sponsorship—What it's all about

Public Outreach

AIS Office sends meeting schedules each month to Chance to Change and Valley Hope.

Peg J. wants your used Forums. If you have some in a drawer you don't want, please don't throw them away. Please call at 405-410-2790 and I can pick it up or there is a box at the May Club.

Fellowship Communication

WSO (World Service Office) is still in need of donations. Please send in your contributions.

Forums are one way that the WSO (World Service Office) makes their money. Ask your GR's (Group Representatives) about subscriptions.



Group Services

Our Area Archivist Janet T. is busy sorting, cataloging and consolidating our Archives. Janet would like any Forums with Oklahoma stories in them. If anyone has photos or anything that you think she might want, please contact her. Please contact Janet at janettyrrell@gmail.com

Services Opportunities

The next Eat-n-Speak will be November 8th. We need a co-host group.

The AIS Office is looking for a few volunteers who are willing to work in the office when Richard P. is off sick or on vacation. It is not hard to learn. He really needs your help.

Volunteers are always needed to help at Jordan's Crossing. Contact Doris W. to help chair meetings. Keep donating literature.

There is always a need at the Jesus House. If you can chair a meeting contact Kevin Smith at kevin.smith@jesushouseokc.org.



Literature News

Our literature sales are still down from last year. The total sold this quarter last year was \$7103.48. We sold \$6222.85 this year. Literature Sales is one of the ways we get money for the office. So get out and buy literature from our office.



AIS Office

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Website: www.okcalanon.org

Office Hours: Monday, Wednesday & Friday
10: 30A.M.-5: 30P.M.



Meeting Changes

1. Wednesday 5: 30P.M. meeting at the May Club was discontinued.



Website News

For the period July-August 2014 the site averaged 1918 visitors per month. The most viewed pages are still the home page, downloadable meeting schedule and map. Total subscribers from the website form is 466.



Eat-n-Speak

The August Eat-n-Speak brought in \$664. after expenses. Almost \$150. in literature was sold.

Thanks to the host group Monday Noon Men's Group and co-host group Serenity on the Couch.

The next Eat-n-Speak will be November 8th.



AIS Office News

Phone and e-mail numbers were up and down last quarter, finishing strong last month. Visitors were up in August, but staying the same in prior months.

Thanks to hotline volunteers: Randy, Rose, Jeanette, Charles, Myrtle, Deanie and Bryan. They are available to take phone calls when the office is closed. Thanks Jim H. who worked in the office in July when Richard was on vacation.

Please remember Richard needs updated info on your group and group representative in the office.



Contributions From Groups - June 2014 Through August 2014

1. 23rd and Council	167.00
2. A-1 Study Group	735.00
3. A New Beginning (Oakcrest Church of Christ)	50.00
4. A New Day	35.93
5. Anonymous	25.00
6. Choctaw Into Action	40.00
7. Courage To Change	52.53
8. Courage To Change AFG	40.00
9. District 17	25.00
10. Duncan AFG	100.00
11. Eleventh Hour AFG	307.85
12. First Things First 7 A.M. Tuesday & Thursday	453.49
13. Freedom AFG	10.00
14. Friday Noon May Club	25.00
15. Friday Noon Men's AFG	100.27
16. Guthrie Serenity Seekers	20.00
17. Hefner Parkway AFG-OKC	60.00
18. Here and Now	297.00
19. High Nooners	16.30
20. Home Place AFG	30.00
21. Hope and Serenity	120.00
22. Just For Today AFG	40.00
23. Key To Harmony	25.00
24. Keys To Serenity	24.50
25. Letting Go-Living Now	71.10
26. May Club Friday Beginners	42.62
27. Midwest City AFG	121.00
28. Monday Morning Freedom	205.00
29. Monday Night AI-Anon	20.00
30. Monday Noon St Paul's	22.00
31. Mustang AI-Anon	30.00
32. New Beginnings Norman	200.00
33. New Life-Newcastle	20.00
34. Norman Original AFG	24.41
35. Northwest Home Group #1	370.00
36. One Day At A Time-Western Club	50.00
37. Personal	338.30
38. Rule #3 Men's AI-Anon	60.00
39. Saturday Morning Lake Road Too	72.00
40. Saturday Serenity	20.00
41. Serenity AFG-Norman	30.00
42. Serenity on the Couch	45.48
43. Southside Hope	10.00
44. Springlake AFG	57.00
45. Start Fresh	79.82
46. Step 11 Open AFG	78.04
47. Sunshine AFG	85.00
48. Tecumseh-New Hope	15.00
49. Tradition II	.09
50. Tuesday 5:30 Men's	100.00
51. Way Out AFG	10.00
52. Wednesday 10 A.M. Women's	237.32
53. Wednesday Wisdom	40.00
54. Our May EAT-N-SPEAK	689.00
TOTAL	\$5,8883.05