

# (AIS) Al-Anon Newsletter

March 2015

<http://www.okcalanon.org>

Editor: Karla K., [kjkillin@hotmail.com](mailto:kjkillin@hotmail.com)



## Newsletter Editor

I am your outgoing newsletter editor. We have a new editor, Anita E. and I believe she is going to be very good. Please help her with Al-Anon and Alateen information that needs to go in the newsletter.

As you know the newsletter editor is also on the AIS Board of Trustees. We (the Board) want to thank you for your support and for helping us get our AIS Office back in the black. We hope you will continue your support for the new Board.

We are in the black but we are down a little in contribution and literature sales. Hope that is due to the holidays and you are now able to give a little more to keep our AIS Office going.

We need GR's and four DR's in our area. District 12, 14 15 and 18 are without DR's. There are many GR's needed. Find out if your group has one, if not volunteer. This is how your group stays connected to the program worldwide. When a new GR or DR comes on board please let Richard P. at the AIS Office know your information. The office needs a record of GR's and DR's.

Thank you for allowing me to serve Al-Anon on the Board of Trustees and as you newsletter editor.  
Karla K.



## AIS Board of Trustees

### The sitting Board consist of:

- |            |             |              |
|------------|-------------|--------------|
| 1. Mary B. | Chairperson | Expires 2016 |
| 2. Pam J.  | Vice Chair  | Expires 2016 |
| 3. Judy W. | Liaison     | Expires 2016 |

### The new Board members are:

- |             |                                   |              |
|-------------|-----------------------------------|--------------|
| 1. Joy B.   | Secretary                         | Expires 2017 |
| 2. Faun F.  | Website                           | Expires 2017 |
| 3. Anita E. | Newsletter                        | Expires 2017 |
| 4.          | We still need three Board Members |              |

## New Area Officers

Area Chairperson-Lyn C.  
Area Delegate-Lisa B.  
Alternative Delegate/Group Records-Samantha M.  
Area Secretary-Barbara M.  
Area Treasurer-Marilyn W.  
Alateen Co West-Toby U.  
Archives-Cindy J.  
Convention-Cathy B.  
Literature-Mike M.  
Area Newsletter-Jane S.  
Public Outreach West-Rachel L.  
Area Alateen Process Person-Liz W.  
OKC AIS Liaison-Judy W.  
Webmaster-Judy D.

## Calendar of Events 2013

**May 2nd, 1:00-3:00 P.M.** -Eat-N-Speak at St Stephens, 50th & Villa.

**May 25th**, -AIS Office Closed for Memorial Day.

**June 4th, 6:00 P.M. Board, 7:00 Membership**-at St Stephens, 50th & Villa-AIS Board of Trustee and Membership Meeting.

**June 6th**, -Area World Service Committee.

**June 7th, 8:30 A.M. -2:00 P.M.** -Area Assembly at the OSU-OKC Extension.

**July 3rd**, -AIS Office closed.

**July 10th, 11th & 12th**, -Alateen Conference.

**Sept 12th**, -Team Event.

**October 9th, 10th & 11th**, -Fall Serenity Conference.

## *AIS By-Laws*

The Board of Trustees continues to get the question about Dual programs serving on the AIS Board. The question came up again at the AIS membership meeting.

The Board has talked to the WSO who say no and quotes Tradition 5. Also the Board revised the AIS By-Laws in 2012-2013 and in the new by-laws Article V, Item 9 it is stated that "Dual members may not serve in any elected position". This was passed by the membership March 17, 2013.

We appreciate your interest in Al-Anon. We are not wanting to offend anyone. The purpose is to keep Al-Anon pure Al-Anon. I am fairly sure if you check most of the other programs, they have the same rules. Thank you for understanding.

AIS Board of Trustees

## *AIS Board of Trustees*

The Board of Directors oversee the AIS Office. Unless there is some unforeseen problem, they meet 4 times a year to discuss the running of the office. They also meet with the membership on the same night right after the Board meeting. This is very simple service work. We still need 3 members.



## *Cookbook*

District 14, Monday Morning Freedom Group has created an absolutely beautiful cookbook for a fundraiser for our AIS office. They are raffling it off. The cost was approximately \$200.00 to create. Be sure and contact them to buy raffle tickets.

The cookbook will be raffled off at the May 2nd Eat-N-Speak. Come to the Eat-N-Speak and check out the cookbook, socialize and hear a wonderful speaker.

## *Day of Recovery*

Family Recovery...Back to the Basics, Day of Recovery, Saturday, April 25, 2015. Registration begins at 9:00A.M. and Workshops at 10:00A.M. Cost is \$10.00 includes lunch and \$2.00 for Alateens. Flyers are out for that event in Tulsa.

## *Alateen Information*

We have a new Alateen Co-West, Toby U. Thank you Toby for filling this position.

July 10th, 11th and 12th is the Alateen Conference in Pink, OK. They need help sponsoring the Alateens. The cost is \$55.00 each. That includes registration and a T-shirt. Contact our new Alateen Co-West, Toby U. for more information and sponsorship. Her contact information is: phone 405-812-7512 or e-mail at Turley0007@gmail.com

## *Team Event*

Oklahoma Team Event, Together Empowering Al-Anon Members is September 12, 2015 at OSU-OKC Student Center, 3rd Floor. Address is 900 N. Portland Ave., Oklahoma City. It will be from 9:00A.M.-4:30P.M. Come out and meet the WSO and WSC officers.

You can pre register and get lunch or you can just come but you will have to bring your own lunch.

Registration fee is \$10.00. Lunch cost will depend on what you choose, sandwich \$10.00 or salad \$11.00



## *Fall Serenity Celebration*

The 43rd Annual Fall Serenity Celebration will be October 9th, 10th, & 11th at Sequoyah/Western Hills Resort, Fort Gibson Lake. It has been newly renovated. Look forward to a great time.

Speakers: Al-Anon: Romney N. Tulsa, Terry W. Texas and Mary Lou M. Virginia. AA and Alateen to be announced.

The flyers are out so get one and register. Convention Committee members are Kathy M., Rachel L., Sue H. and Liz W.

Last year, Total registration was 226 and made \$7,656.63 including the convention seed money. The expenses were \$5,970.88 and the hospitality cleared \$526. Total Profit was \$1,650.

**"...Very personal details...are better left to a sponsor who can lend a consistent ear and keep a confidence—someone who knows all about you and accepts you as you are."**

**Sponsorship—What it's all about.**

## *Fellowship Communication*

Remember the Forum is one of the ways you can support for the WSO. You will also benefit from all the great sharing's. Contact your GR they can get you the form to order your Forum.

## *Public Outreach*

The AIS Office is still sending information out to Karla Reitz, Chance to Change Foundation, Maryo Strong, Valley Hope and Cushing.

The billboard project is getting a lot of good response. The next event is suppose to be hosted in Tulsa. Oregon contacted Mike M. to get information on how to get started on a project in their area. Missouri is helping us. We have ten billboards in Oklahoma now, two of those are digital.

Public outreach handed out information at a Mental Health Fair in Lawton. If you are interested in participating in radio interviews contact Mike M.

GR's should have flyers about Al-Anon the WSC handed out at the Area Assembly that you can hand out to doctors.

## *Group Services*

Our new Area Archivist Cindy J. will continue sorting, cataloging and consolidating our Archives. If you don't know if you have something she might want contact her. Also, Oklahoma sharing's in the Forum she will want. Anyone who has or know of such issues, please contact Cindy at cindyjonesokgmail.com.

## *Services Opportunities*

The AIS office is looking for a few volunteers who are willing to work in the office when Richard is off sick or on vacation. It's not that hard to learn.

There is an Al-Anon meeting at the Jesus House. They need people to chair on Tuesdays at 3:00 P.M. Anyone that can chair please contact Kevin Smith at: kevin.smith@jesushouseokc.org.

Volunteers are always needed to help at Jordan's Crossing. Contact Doris W. to help chair meetings. Keep donating literature.

***At the next membership meeting please bring ideas for fundraising for the AIS office.***



## *AIS Office*

Edgewater Office Bldg.

3801 N.W. 63rd Bldg. #3 Suite 129

Oklahoma City, OK 73116-1930

Phone: (405) 767-9071 (24/7)

E-mail: okcal-anon@coxinet.net

Website: www.okcalanon.org

Office Hours: Monday, Wednesday & Friday  
10:30A.M.-5:30P.M.



## *Meeting Changes*

Norman Alateen meeting moved to 8:00P.M. Mon.

McAlester meeting moved to Cherokee Club, 100 South A Street.

Southside Serenity Clubhouse meeting 6:30P.M.  
Thursday-Spanish speaking.



## *Website News*

Did you know you need to go to the website to register to get the newsletter? www.okcalanon.org. If you don't have access to a computer you can go by the AIS Office and have Richard print you a copy.



## *Eat-n-Speak*

The February Eat-N-Speak raised \$542.82 after expenses. We had literature sales of \$50.00. Thanks to host group Home Place and co-host group Monday Morning Freedom. Thanks to Lori G. for sharing her story. The next Eat-n-Speak will be May 2nd. The host group is Monday Morning Freedom and we need a co-host group.



## *AIS Office News*

The office traffic remains about the same as last quarter with 655 phone calls and 123 visitors.

Sales of literature are our main source of income for the office so please tell your members and newcomers that a wide variety of literature is for sale at the office. Our literature sales are down about \$1000.

Thanks to hotline volunteers: Rose, Randy, Jeanette, Charles, Myrtle, Deanie, Bryan who are available when the office is closed.



*Contributions From Groups-December 2014 Through February 2015*

1. 23rd and Council	\$148.00
2. A New Day	49.50
3. Anonymous	400.00
4. Ardmore Grand AFG	20.00
5. Choctaw Into Action	20.00
6. Courage and Hope for Parents	161.00
7. Courage To Change	54.82
8. Courage To Change AFG	30.00
9. District 17	25.00
10. Downtowner's AFG	20.00
11. Duncan AFG	100.00
12. El Reno Al-Anon	25.00
13. Eleventh Hour AFG	151.50
14. First Things First 7 A.M. Tuesday & Thursday	335.25
15. Freedom AFG	10.00
16. Hefner Parkway AFG-OKC	60.00
17. Here and Now	202.58
18. Home Place AFG	20.00
19. Just For Today-Roundtable	20.00
20. Key To Harmony	25.00
21. Keys To Serenity	23.00
22. May Club Friday Beginners	13.00
23. Monday Morning Freedom	105.00
24. Monday Night Al-Anon	35.00
25. Moore Unity	29.73
26. New Beginnings-Norman	120.00
27. New Life Newcastle	20.00
28. No Expectations	54.83
29. Northwest Monday Morning	100.00
30. One Day At A Time-Western Club	50.00
31. Personal	253.34
32. Saturday Morning Lake Road	80.00
33. Saturday Serenity	20.00
34. Serenity AFG-Norman	130.00
35. Serenity on the Couch	41.25
36. Southside Hope	10.00
37. Springlake AFG	66.12
38. Start Fresh	73.00
39. Sunshine AFG	107.00
40. Tecumseh-New Hope	15.00
41. Threshold to Freedom	41.00
42. Tuesday 5:30 Men's	100.00
43. Unity	50.00
44. Way Out AFG	10.00
45. Wednesday 10A.M. Women's	318.66
46. Women's Awareness	50.00
47. Yukon YANA AFG	10.00
<u>Our February EAT -N-SPEAK</u>	<u>567.82</u>
<b>TOTAL</b>	<b>\$4,371.50</b>