

(AIS) Al-Anon Newsletter

March 2014

<http://www.okcalanon.org>

Editor: Karla K., kjkillin@hotmail.com



Newsletter Editor

At the AIS Membership meeting on March 6th, we only had one volunteer to be on the Board of Trustees for the AIS Office. The AIS Board of Trustees' responsibility is to make sure the AIS Office is running smoothly. We need four more people to step up to serve on the Board. Please pray about it and let one of the Board members know if you are willing to serve.

The funds to the AIS Office is still a topic of conversation. I want to thank all of you for stepping up and contributing to the AIS Office. The Board hates to keep talking about funds for the AIS Office, but since there are no fundraisers except for the Eat-n-Speak, we have to go out to the members and ask you to keep contributing to the office. We are getting by month to month. The treasurer says we might be able to make it two months right now.

It is prudent for any business or in your personal life to have at least 6 months (preferable one year of cash reserve). Personally you know this because you could lose a job. A business needs this to be consider solvent. If you don't have it, you could go out of business. The AIS Office is the business office in our area.

You may not think about it but just like your bills at home go up so do the bills at the office. These are a few of the bills that have gone up. Telephone & Internet \$10.00 a month, Business Insurance went up \$50.00, Payroll \$60.00 and Payroll Expense \$500.00. We don't know yet about website accounting and software support or copy machine and toner. For more information please send your Group Representative to the membership meeting.

We need to have an audit of the financial books at least every two years. This is good business practice. Right now we are struggling to pay our bills so we can't pay for this to be done. If someone would like to be responsible for a fundraiser for this let the Board know.

Your group needs a GR (Group Representative) so you can stay informed about what is going on in Al-Anon. If you don't have one encourage someone in your group to volunteer. It's not hard.

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We need updated information on your group and group representative. Richard P. will have forms in the office. If we don't have current information we can't get information to you and neither can the WSO (World Service Office). Any changes in the group name, address or the group representative, their e-mail or contact information needs to be reported to the AIS Office.



AIS Board of Trustees

The sitting Board consist of:

- | | |
|-------------------------------|--------------|
| 1. Dusty W. Chairperson | Expires 2015 |
| 2. Kelly S. Secretary | Expires 2015 |
| 3. Karla K. Newsletter | Expires 2015 |
| 4. Charlie B. Member at Large | Expires 2015 |

The new Board members are:

1. Marcia W. Literature & Website Expires 2016
- 2.
- 3.
- 4.
5. WE STILL NEED FOUR PEOPLE

Calendar of Events 2014

May 3rd, 1:00-3:00 P.M. -Eat -n-Speak at St Stephens, 50th & Villa

June 5th, -6:00 P.M. AIS Board of Trustees, 7:00 Membership Meeting at St. Stephens, 50th & Villa

June 7th, 6:00P.M. -Area World Service Committee

June 8th, 8:30 A.M. -Area Assembly at OSU-OKC Extension

July 4th, - AIS Office Closed

August 2nd, 1:00-3:00P.M. -Eat-n-Speak at St. Stephens, 50th & Villa

District Representatives

We are in need of DR's (District Representatives). We do not have Representatives in District 12, 15, and 18.

The duties of the District Representative (DR) are:

- Three year term
- To call and chair district meetings, at regular intervals
- To help the Delegate in every way possible in disseminating Conference information and reports
- To keep in touch with the GRs of his/her district to learn the views of the group and their problems, which, in turn, he may report to the Area World Service committee or the Delegate
- To visit all the groups in his district, particularly new groups, to make sure they are getting necessary information and help
- To help the groups understand and apply the Traditions which guide us in our fellowship activities
- To prepare and update a mailing list of the GRs in his district for the Area World Service Committee
- To urge every group to complete and promptly return the group data sheets sent out annually by the World Service Office
- To check the group's current mailing address (CMA) with each GR in the district to determine if it is correct
- To make sure mail from the WSO is reaching the groups and being shared with the members
- To attend Area World Service Committee meeting and report to the Area World Service Committee on activities within his district
- To notify the Area World Service Committee and WSO of groups that have disbanded
- Al-Anon members who are also members of AA may not serve as DR

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Group Representative

The group representative (GR):

- Three year term
- Acts as a liaison between the group and the district and between the group and the Assembly

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- Insures that the group has the current copy of the Al-Anon/Alateen Service Manual
- Works through the district in helping to initiate (Public Outreach, CPC, PI and Institutions) work
- Encourages Alateen sponsorship
- Serves as local representative of Al-Anon's magazine, The Forum, by:
 - Acquainting members with its usefulness
 - Suggesting they subscribe and sending in group subscriptions
 - Encouraging members to write articles
 - Encouraging election of an Alternative GR
- Al-Anon/Alateen members who are also members of AA may not serve as GR

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Billboard

THE FIRST BILLBOARD IS UP!

It is with great pride and excitement that I say THANK YOU to all of my Al-Anon family for the hard work and unity that it took to make this project a success. Please, pat yourself on the back.

The first of four billboards is up on I-40 East - bound near Shawnee. The other three will be going up in the next few days in OKC, Tulsa and Eastern Oklahoma.

These are temporary locations and as the space gets sold, they will move around.

Again, YOU made this possible and there will be more fundraising this year and more billboards will be going up as the money comes in.

Contributions can still be made to:

Okla. Area Al-Anon PO/BB

162 Downing

OKC, OK 73120

I love you all and look forward to whatever comes next,

Mike McClellin

Public Outreach

AIS Office sends meeting schedules each month to Chance to Change and Valley Hope.

Peg J. will continue collecting gently used material for institutional settings such as Women's Shelters, Rehabs, Prisons, etc. Please call at 405-410-2790 and I can pick it up or there is a box at the May Club.

Fellowship Communication

WSO (World Service Office) is still in need of donations. Please send in your contributions. They have a net loss of (1,382.98) for the 4th quarter and a net loss for the year of (1,220.77). Their expenses were under budget but so was the income, mostly group contributions.

Forums are one way that the WSO (World Service Office) makes their money. Ask your GR's (Group Representatives) about subscriptions.



Group Services

Our Area Archivist Janet T. is still busy sorting, cataloging and consolidating our Archives. If anyone has photos or anything that you think she might want, please contact her. Please contact Janet at janettyrrell@gmail.com

Services Opportunities

The next Eat-n-Speak will be May 3rd. We need a co-host group.

The AIS Office is looking for a few volunteers who are willing to work in the office when Richard P. is off sick or on vacation. It is not hard to learn.

Volunteers are always needed to help at Jordon's Crossing. Contact Doris W. To help chair meetings. Keep donating literature.

There is always a need at the Jesus House. If you can chair a meeting contact Kevin Smith at kevin.smith@jesushouseokc.org.



Website News

Remember you can go on the website to make a copy of the newsletters or subscribe to get it. With our new searchable database it is easier to find meetings.



AIS Office

Edgewater Office Bldg.

3801 N.W. 63rd St. Bldg. #3 Suite 129

Oklahoma City, OK 73116-1930

Phone: (405) 767-9071 (24/7)

Fax: (405) 767-9072

E-mail: okcal-anon@coxinet.net

Website: www.okcalanon.org

Office Hours: Monday, Wednesday & Friday
10: 30A.M.-5: 30P.M.



Meeting Changes

1. New meeting in Davis at the United Methodist Church, Tuesday 6: 30P.M.
2. New meeting in Guthrie at 89er Clubhouse Thursday 6: 30P.M.
3. Norman meeting at St. John's moved to NAIC Building.
4. Thursday 8:00 meeting at St. Stephen's in OKC has been discontinued.
5. Grace United Methodist Church Saturday meeting will move to North Meridian Clubhouse, 4407 N.W. 50th beginning April 6th.
6. May Club, Monday night meeting has been discontinued.
7. Thursday meeting at Edmond Clubhouse moving to 6: 45P.M. beginning April 3rd.



Eat-n-Speak

The February Eat-n-Speak brought in \$626. after expenses. The literature sales were \$120.

Thanks to the host group Monday 12:00 Edmond and co-host group Saturday Serenity. Thanks to speaker Marsha C. The next Eat-n-Speak will be May 3rd. We need a co-host group.



AIS Office News

Office traffic was up and down overall as numbers show, but down overall as compared to last year. Literature sales and contributions continue to be up.

Thanks to hotline volunteers: Randy, Rose, Jeanette, Charles, Myrtle, Deanie and Bryan. These people answer the phone calls when the office is closed.



Contributions From Groups - December 2013 Through February 2014

1. 23rd and Council	\$195.80
2. A-1 Study Group	250.00
3. A New Beginning (Oak Crest Ch. Of Christ)	50.00
4. A New Day	37.87
5. Choctaw Into Action	20.00
6. Courage and Hope for Parents	75.00
7. Courage To Change	90.30
8. Courage To Change AFG	30.00
9. Eleventh Hour AFG	108.83
10. First Things First 7 A.M. Tuesday & Thursday	777.92
11. Freedom AFG	10.00
12. Friday Noon May Club	82.51
13. Friday Noon Men's AFG	200.00
14. Hefner Parkway AFG-OKC	60.00
15. Here and Now	143.50
16. Home Place AFG	20.00
17. Key To Harmony	25.00
18. Keys To Serenity	37.00
19. May Club Friday Beginners	34.00
20. Midwest City AFG	85.00
21. Monday Morning AFG	.74
22. Monday Morning Freedom	100.00
23. Monday Night Al-Anon	37.50
24. Mustang Al-Anon	180.00
25. New Life-Newcastle	20.00
26. No Expectations	15.00
27. One Day At A Time-Western Club	50.00
28. Personal	443.67
29. Saturday Morning Lake Road Too	50.00
30. Saturday Serenity	20.00
31. Serenity AFG-Norman	30.00
32. Springlake AFG	25.45
33. Start Fresh	69.85
34. Sunshine Al-Anon	15.00
35. Sunshine AFG	74.00
36. Tecumseh-New Hope	15.00
37. Unity	90.00
38. We Try	50.00
39. Wednesday 10:00A.M. Women's	189.70
40. Wednesday Wisdom	60.00
41. Women's Awareness	50.00
42. Our February EAT-N-SPEAK	651.00
TOTAL	\$4,695.35