

(AIS) Al-Anon Newsletter

December 2014

<http://www.okcalanon.org>

Editor: Karla K., kjkillin@hotmail.com

AIS Office



AIS Board of Trustees

The Board of the AIS Office wants to thank our area for coming through. The office is in the black for the first time in at least 2 years. We ask for your continued support so we can stay in the black and possibly get a prudent reserve. Thanks again.

In case you don't know how the AIS office benefits you. Let me tell you a few ways:

- It keeps Literature on hand at the same price as you can buy it on the internet. The advantage is you don't have to pay an extra \$5.00 for shipping and wait a week to get it.
- Our Office Secretary receives Welcome Packets from the WSO for you to pick up for newcomers.
- Provides Outreach information.
- Our Office Secretary keeps us in touch with the activities that go on in our fellowship.
- Has a 24/7 Al-Anon phone line which gives names and phone numbers for a person to call.
- There is a human being on the phone, not a computer when a new person calls in desperation, needing our help.
- Maintains an online presence at <http://okcalanon.org>.

This is just some of the things that are done in our AIS Office.

The AIS Board of Trustees' responsibility is to make sure the AIS Office is running smoothly. We still need one more person to step up to serve on the Board. Please pray about it and let one of the Board members know if you are willing to serve. Also, remember that March 2015, four of our Board members will rotate off. Please be sure and come to the March 12, 2015 meeting if you are interested in being on the Board.

The Board wants to thank District 14 for creating a cookbook for a raffle and doing a bake sale in February to make money for the AIS Office. We encourage other districts to do the same.

District 15 & 18 still needs DR's. All meetings need GR's.

The sitting Board consist of:

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|-------------------------------|--------------|
| 1. Dusty W. Chairperson | Expires 2015 |
| 2. Kelli S. Secretary | Expires 2015 |
| 3. Karla K. Newsletter | Expires 2015 |
| 4. Charlie B. Member at Large | Expires 2015 |

The new Board members are:

- | | |
|-----------------------------|--------------|
| 1. Faun F. Website | Expires 2016 |
| 2. Judy W. Liaison | Expires 2016 |
| 3. Pam J. Literature | Expires 2016 |
| 4. Mary B. Member at Large | Expires 2016 |
| 5. WE STILL NEED ONE PERSON | |

Marcia W. had to step down from the Board for personal reasons. Thank you Marcia for your help. Faun F. took Marcia's place. Thank you Faun.

We still need one Board member. Also there will be four rotating off in March that will leave us needing five Board members.

Calendar of Events 2015

December 25th, 2014-Merry Christmas.

January 1st, - Happy New Year.

February 7th, 1:00-3:00P.M. -Eat-n-Speak at St. Stephens, 50th & Villa.

February around the 14th, District 14 is considering a bake sale to help raise money for the AIS Office. Look for more information in the future. Thank you District 14.

March 12th, - 6:00 P.M. -AIS Board of Trustees, **7:00 P.M.** Membership Meeting at St. Stephens, 50th & Villa.

March 14th, 6:00P.M. - Area World Service Committee.

March 15th, 8:30 A.M. - Area Assembly at OSU-OKC Extension.

Group Representative

The Group Representative (GR):

- Three year term.
- Acts as a liaison between the group and the district and between the group and the Assembly.
- Insures that the group has the current copy of the Al-Anon/Alateen Service Manual.
- Works through the district in helping to initiate (Public Outreach, CPC, PI and Institutions) work
- Encourages Alateen sponsorship.
- Serves as local representative of Al-Anon's magazine, The Forum, by:
 - Acquainting members with its usefulness.
 - Suggesting they subscribe.
 - Sending in group subscriptions.
 - Distributing copies to subscriber or those who wish to buy them.
 - Encouraging members to write articles
- Al-Anon/Alateen members who are also members of AA may not serve as GR.

Al-Anon Alateen Service Manual page 28



Newsletter Editor

“Service sponsorship is a special relationship where one member shares their service experience with another member. This type of sponsorship can be a one-time situation, such as an outgoing trusted servant supporting their replacement or an ongoing relationship. Service sponsorship helps both the service sponsor and the sponsee acquire new skills while being an example of personal growth through service. Al-Anon Family Groups worldwide benefit when members are enthusiastic about service.”
2010-2013 Al-Anon and Alateen Service manual page 47.

I am willing to be a Service Sponsor for someone who wants to take over the newsletter after March 2015. March will be the last newsletter I do. It is not as hard as it looks nor does it take a lot of time. I do three newsletters for three organizations. One monthly, one every other month and this one quarterly. I have it down almost to an art form. I hope someone will step up and do the newsletter. Karla

District Representative

The duties of the District Representative (DR) are:

- Three year term.
- To call and chair district meetings, at regular intervals.
- To help the Delegate in every way possible in disseminating Conference information and reports.
- To keep in touch with the GRs of his district to learn the views of the group and their problems, which, in turn, he may report to the Area World Service committee or the Delegate.
- To visit all the groups in his district, particularly new groups, to make sure they are getting necessary information and help.
- To help the groups understand and apply the Traditions which guide us in our fellowship activities.
- To prepare and update a mailing list of the GRs in his district for the Area World Service Committee.
- To urge every group to complete and promptly return the group data sheets sent out annually by the World Service Office.
- To check the group's current mailing address (CMA) with each GR in the district to determine if it is correct.
- To make sure mail from the WSO is reaching the groups and being shared with the members.
- To attend Area World Service Committee meeting and report to the Area World Service Committee on activities within his district.
- To notify the Area World Service Committee and WSO of groups that have disbanded.
- Al-Anon members who are also members of AA may not serve as DR.

Al-Anon Alateen Service Manual page 135

Cookbook Raffle

District 14 has created an absolutely beautiful cookbook for a fundraiser for our AIS office. They are going to raffle it off, but they will sell raffle tickets for a year. The reason for this is it cost approximately \$200.00 to create. There will be more information probably at the February 7th Eat-n-Speak.

Public Outreach

Peg J. has had to resign her position for personal reasons. Thank you for your service to Al-Anon, Peg.

This leaves the Public Outreach-West position open. If you are interested please contact WSO for information.

AIS Board of Trustees

The Board of Directors oversee the AIS office. Unless there is some unforeseen problem, they meet 4 times a year to discuss the running of the office. They also meet with the membership on the same night right after the Board meeting. This is very simple service work. We need 5 members in March.

Services Opportunities

The next Eat-n-Speak will be February 7th. We need a co-host group.

The AIS Office is looking for a few volunteers who are willing to work in the office when Richard P. is off sick or on vacation. It is not hard to learn. He really needs your help.

Every group needs a Group Representative (GR). So they can stay informed.

District 15 and 18 still don't have a District Representative (DR). Those areas really need someone to step up to the challenge.



Website News

For the period September-November 2014 the site averaged 1688 visitors per month. The most viewed pages are still the home page, downloadable meeting schedule and map. Total subscribers from the website form is 492.



Literature News

Our literature sales are still down from last year. The total sold this quarter last year was \$7500.47. We sold \$5395.58 this year. Literature Sales is one of the ways we get money for the office. So get out and buy literature from our office.



AIS Office

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E-mail: okcal-anon@coxinet.net

Website: www.okcalanon.org

Office Hours: Monday, Wednesday & Friday
10: 30A.M.-5: 30P.M.



Meeting Changes

1. New Meeting at the Yukon 1st United Methodist Church, Saturdays at 5: 30P.M.
2. Norman Meeting moved from NAIC to St. Thomas More Ed. Center.
3. Live and Let Live Clubhouse meeting was moved to 5: 30P.M.
4. The meetings at Capitol Hill were discontinued.
5. The Meetings in Coalgate were discontinued.



Eat-n-Speak

The November Eat-n-Speak brought in \$1,783. after expenses. There was a \$1000. anonymous contribution. Also, there were literature sales of \$114. So over all, it was a huge success.

Thanks to the host group Serenity on the Couch and co-host group Homeplace in Bethany.

The next Eat-n-Speak will be February 7th. A co-host group is needed. Keep coming and supporting the AIS Office.



AIS Office News

Phone calls, e-mails and visitors were up in September and October from last quarter. They took a nosedive in November.

Thanks to hotline volunteers: Rose, Randy, Jeanette, Charles, Myrtle, Deanie and Bryan. These people are available to take phone calls during the hours the office is closed.

Please remember Richard needs updated info on your group and group representative in the office.

Contributions From Groups - September 2014 Through November 2014



1. 23rd and Council	\$159.00
2. A-1 Study Group	700.45
3. A New Beginning (Oakcrest Church of Christ)	200.00
4. A New Day	40.25
5. Anonymous	1346.00
6. Choctaw Into Action	20.00
7. Courage and Hope for Parents	198.52
8. Courage To Change	56.47
9. Courage To Change AFG	40.00
10. Duncan AFG	175.00
11. El Reno Al-Anon	50.00
12. Eleventh Hour AFG	125.70
13. First Things First 7 A.M. Tuesday & Thursday	643.35
14. Freedom AFG	10.00
15. Friday Noon Men's AFG	350.00
16. Hefner Parkway AFG-OKC	60.00
17. Here and Now	213.84
18. Home Place AFG	20.00
19. Key To Harmony	125.00
20. Keys To Serenity	71.10
21. May Club Friday Beginners	59.00
22. Midwest City AFG	124.00
23. Monday Morning Freedom	105.00
24. Monday Night Al-Anon	40.00
25. Mustang Al-Anon	30.00
26. New Beginnings Roundtable	50.00
27. New Beginnings Norman	120.00
28. New Life-Newcastle	20.00
29. No Expectations	118.27
30. Northwest Monday Morning	50.00
31. One Day At A Time-Western Club	50.00
32. Personal	377.57
33. Saturday Morning Lake Road Too	140.00
34. Saturday Serenity	20.00
35. Serenity AFG-Norman	86.88
36. Southside Hope	20.00
37. Start Fresh	39.92
38. Step 11 Open AFG	145.75
39. Sunshine AFG	94.00
40. Tecumseh-New Hope	15.00
41. Tuttle Al-Anon	28.00
42. Way Out AFG	10.00
43. Wednesday 10 A.M. Women's	374.66
44. Our November EAT-N-SPEAK	807.00

TOTAL **\$7,529.73**