

(AIS) Al-Anon Newsletter

December 2013

<http://www.okcalanon.org>

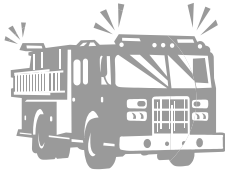
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Newsletter Editor

At the AIS Board of Trustee Meeting on December 10th (December 5th was canceled due to weather) there was much to discuss before the end of the year. We have several issues we need the support of the fellowship.

- After the June newsletter we had great response to the contributions to the AIS Office. The contributions are now declining again. The problem is that the bills are the same. So if we don't continue to increase the contributions we will be in trouble again. November's contributions were the worst in three years. We have \$100. in the cash box and \$52.65 petty cash. Our November bank balance is \$2,943.54. The total current liabilities for this year are \$8,722.03. Do the math we are still operating at a loss. For more details your GR's need to attend the membership meeting.



- The AIS Office gets its money to operate from the Eat-n-Speak, Literature Sales and Contributions. They are proving not to be enough. The Board is asking DR's (District Representatives) to get with their groups to host fundraisers like white elephant bingo night, speaker meetings with raffles, pancake breakfast, spaghetti dinners, etc. to earn money for the AIS Office. Groups keep passing the basket or having a donation box. DR's (District Representatives) you could get together and do a Harmony Happening. If you have any ideas please come to the next membership meeting and share them. Doing these kind of fundraisers helps keep the Tulsa AIO Office operating five days a week. Maybe we need to follow their lead.
- We are in need of DR's (District Representatives). We do not have Representatives in District 12, 15, and 18. Your group needs a GR (Group Representative) so you can stay

informed about what is going on in Al-Anon. If you don't have one encourage someone in your group to volunteer. It's not hard.

- We need updated information on your group and group representative. Richard P. will have forms in the office. If we don't have current information we can't get information to you and neither can the WSO (World Service Office). Any changes in the group name, address or the group representative, their e-mail or contact information needs to be reported to the AIS Office.
- The Host Group of the Eat-n-Speak will now be responsible for getting literature to the Eat-n-Speak and finding someone to sell it. If a group needs Richard P. to send their literature to the Eat-n-Speak please contact him so he can box it up and you will be able to pick it up there.

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Calendar of Events 2014

December 25th, 2013-AIS Office Closed

January 1st-AIS Office Closed

February 1st, 1:00-3:00 P.M. -Eat -n-Speak at St Stephens, 50th & Villa

March 6th, 6:00 P.M. AIS Board of Trustees, 7:00 Membership Meeting at St. Stephens, 50th & Villa

March 8th, 6:00P.M. -Area World Service Committee

March 9th, 8:30 A.M. -Area Assembly at OSU-OKC Extension

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- The AIS Board of Trustees responsibility is to make sure the AIS Office is running smoothly. The AIS Board of Trustees is not the Al-Anon police. We discussed what we could do about ACA in AA clubhouses. If an Al-Anon member goes to a clubhouse and finds ACA listed **currently** on the Meeting Board under Al-Anon, contact us. It must be **currently** listed. We can send a letter to AA asking them not to list ACA with Al-Anon.
- We need to have an audit of the financial books at least every two years. This is good business practice. Right now we don't know anybody that will do it for free. If you know someone that will do it for free or a reduced price please contact the AIS Board to let us know. Right now we are struggling to pay our bills so we can't pay full price every year to have this done. If someone would like to be responsible for a fundraiser for this let the Board know.
- Finally, but very important the time has come to start thinking about new Board members. We need five new AIS Board member in March. So consider service on the AIS Board of Trustees.
- Al-Anon has three legacies. Our founders believed it was necessary to have these legacies for Al-Anon to function. The Twelve Steps is a shared experience of Recovery, the Twelve Traditions is our Unity and the Twelve Concepts is our Service. We must have all three to survive. We must all contribute to our program for it to continue to be here for us and our families. Consider your service to Al-Anon.
- Until next time I hope you will keep helping the program that has given you so much.

ACA or Al-Anon Adult Children

I am running this article again because it was discussed at the AIS Board meeting. A decision was made on what we could do.

There has been some confusion in recent months about the ACA or ACOA. Not all has been positive so I wanted to try and clear up some of that confusion. This is Adult Children of Alcoholics. They do not follow the same steps as Al-Anon or Al-Anon Adult Children. They also study from a red book. They are in some of the AA meeting buildings. If you want to know more about them you can look them up on the internet.

Al-Anon Adult Children are affiliated with Al-Anon. They study from Al-Anon Hope for Today and From Survival to Recovery. Al-Anon Adult Children have two meetings in the City, Sunday, 5: 30 P.M. at the Edmond Club and Wednesday, 5: 30 P.M. at the May Club. Any meeting changes to this group will be listed in the Al-Anon meeting schedule.

My purpose in telling you is only so you will know if you are attending the Al-Anon Adult Children or not. Also, that if you have attended an ACA meeting and were not warm and fuzzy when you left you won't associate them with us.



AIS Board of Trustees

The sitting Board consist of:

- | | |
|----------------------------------|--------------|
| 1. Alanna I. Chairperson | Expires 2014 |
| 2. Mary W. Liaison | Expires 2014 |
| 3. Mary N. Literature | Expires 2014 |
| 4. Lisa B. Member at Large | Expires 2014 |
| 5. WE STILL NEED A NINETH PERSON | |

The new Board members are:

- | | |
|-------------------------------|--------------|
| 1. Dusty W. Vice Chairperson | Expires 2015 |
| 2. Kelly S. Secretary | Expires 2015 |
| 3. Karla K. Newsletter | Expires 2015 |
| 4. Charlie B. Member at Large | Expires 2015 |

I read this in the This Day

“We are a small part of a great whole”.

Public Outreach

AIS Office sends meeting schedules each month to Chance to Change and Valley Hope.

Peg J. will continue collecting gently used material for institutional settings such as Women's Shelters, Rehabs, Prisons, etc. Please call at 405-410-2790 and I can pick it up or there is a box at the May Club.

New Literature

WSO (World Service Office) is reviewing a pamphlet "A Guide for the New GR" from the Oregon Area. They are considering developing one for our area.

Fellowship Communication

WSO (World Service Office) is still in need of donations. Please send in your contributions. Their balance is \$4,193.63

Forums are one way that the WSO (World Service Office) makes their money. If you haven't read the Forum, try it. They are full of wonderful stories. You can even enter your story in one. Ask your GR's (Group Representatives) about subscriptions.

Group Services

Our Area Archivist Janet T. is still busy sorting, cataloging and consolidating our Archives. If anyone has photos or anything that you think she might want, please contact her. Please contact Janet at janettyrrell@gmail.com

Services Opportunities

There will be an Eat-n-Speak February 1. We need a Co-Host.

We need volunteers to help with AI-Anon meetings at Jordon's Crossing. They are celebrating their 6th Birthday. Contact Doris W. to help chair meetings. Thanks to the groups that have donated gently used material. All girls have literature now.

There is an AI-Anon meeting at the Jesus House. They need people to chair on Tuesdays at 3:00P.M. Anyone that can chair please contact Kevin Smith at: kevin.smith@jesushouseokc.org.

The AIS Office is looking for a few volunteers who are willing to work in the office when Richard is off sick or on vacation. It's not that hard to learn.



AIS Office

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Website: www.okcalanon.org

Office Hours: Monday, Wednesday & Friday
10:30A.M.-5:30P.M.



Meeting Changes

1. New meeting at Chapel Hill United Methodist Church, 2717 W. Hefner Road, OKC. Meets Tuesday at 6:30P.M.
2. Harmony House, Ponca City moved to 7:00P.M.
3. The Monday morning meeting at the Western Club is now a speaker meeting each week.



Website News

The website has been updated. The searchable database has been deleted and replaced with a google map. You can click on different balloons to get addresses of meetings and an arrow on the side to get different days for that meeting.



Eat-n-Speak

The November Eat-n-Speak made \$481.05 after expenses. This is the main fundraising event for the AIS Office.

Thanks to the host group 11A.M. Sunday May Club for hosting and Monday 12:00 Edmond for co-hosting. Thanks to Abby B. for sharing. The next Eat-n-Speak will be February 1, 2014.



AIS Office News

Office traffic is down. Literature sales are still up but contributions are half of what they were in the previous quarter.

Thanks to hotline volunteers: Randy, Rose, Jeanette, Charles, Myrtle, Deanie and Bryan.



Contributions From Groups - September Through November 2013

1. 23rd and Council	\$164.00
2. A-1 Study Group	250.00
3. A New Beginning (Oak Crest Ch. Of Christ)	3.00
4. A New Day	45.25
5. Anonymous	30.15
6. AWOL	40.00
7. Choctaw Into Action	40.00
8. Courage To Change	85.70
9. Courage To Change AFG	30.00
10. District 17	25.00
11. Duncan AFG	100.00
12. El Reno Al-Anon	60.00
13. Eleventh Hour AFG	285.51
14. First Things First 7 A.M. Tuesday & Thursday	408.50
15. Freedom AFG	10.00
16. Friday Noon May Club	23.00
17. Friday Noon Men's AFG	100.00
18. Hefner Parkway AFG-OKC	100.00
19. Here and Now	130.25
20. Home Place AFG	25.00
21. Hope and Serenity	14.70
22. Just for Today Roundtable	10.00
23. Key To Harmony	25.00
24. Keys To Serenity	12.50
25. Letting Go-Living Now	46.16
26. May Club Friday Beginners	38.34
27. Midwest City AFG	136.00
28. Monday Morning Freedom	50.00
29. Monday Night Al-Anon	50.00
30. Moore Unity	30.00
31. No Expectations	15.00
32. Norman Original AFG	9.22
33. Northwest Monday Morning	40.00
34. One Day At A Time-Western Club	50.00
35. Personal	.52
36. Rule #3 Men's Al-Anon	60.00
37. Saturday Serenity	20.00
38. Serenity AFG-Norman	30.00
39. Serenity on the Couch	1.47
40. Springlake AFG	29.00
41. Start Fresh	47.82
42. Sunshine AFG	111.00
43. Tecumseh-New Hope	15.00
44. Unity	40.00
45. Our November EAT -N-SPEAK	506.05

TOTAL

\$3,343.14